

# **CHAIRMAN'S REPORT**



It gives me great pleasure to provide an update on behalf of the Board of Trustees on what has been an incredible year for the charity.

As I reported last year, one of the Board's key strategic aims was to launch a second air ambulance service. I'm delighted to report that we are on track to deliver this commitment by the end of March 2020 when the crew of Helimed 79 in Aberdeen will be operational to respond to their first emergency mission.

To realise this vision, a challenge fund was launched to raise £6 million for our second aircraft. An ambitious challenge, but nonetheless one the Board was confident the team would achieve.

Thanks to the Scottish public, businesses, trusts and individuals, an amazing £3 million has already been pledged, with a plan to raise the rest prior to launch.

There are so many people to thank who have helped us on this journey and you know who you are. I personally would like to thank Sir Brian and Lady Souter and Stagecoach plc who have been with us from the very beginning and who recently made another incredibly generous donation to support the Helimed 79 campaign.

The Board wishes to extend thanks to the aircrew of Helimed 76. It is their skill and dedication that delivers our charitable purpose throughout Scotland in the most challenging and fast moving circumstances. As highlighted in our accounts, to raise £6million is astonishing and to our charity team, volunteers, lottery players, event participants, local communities and groups – thank you – from the Board of Trustees. We are extremely proud of you all.

The governance of the charity is strong and it's that transparency and openness which encourages public confidence. I can assure you that we strive to be efficient throughout every area of SCAA.

The Board believes that our overheads continue to be cost-effective, ensuring that we sustain the frontline service. We also recognise that investment is required to enable the organisation to grow and develop.

The Board has now started the process of developing and shaping our next strategic plan which will take us to 2023 – a decade since we launched. This is another exciting chapter for SCAA and we will do this in consultation with our primary partner, the Scottish Ambulance Service.

SCAA remains the gold standard for public, private and third sector partnership and we look forward to developing this relationship in the years to come as an integral part of the emergency response network, working together to save and improve lives every day.

The Trustees are humbled by the level of commitment and engagement that SCAA receives every day. Thank you all for supporting this critical service.

John Bullough Chairman

# CHIEF EXECUTIVE'S REPORT

The charity has had another incredible year with a record-breaking £6m raised, an increase of 85% on the previous year. The continued support of the people of Scotland has surpassed all expectations and on behalf of the team at Scotland's Charity Air Ambulance – a huge thank you!

Following our announcement last year to introduce a second charity air ambulance (Helimed 79) in Aberdeen, we have been greatly encouraged by the levels of engagement from communities, businesses, grant funders and individuals around the country who have fully embraced our campaign to raise a further £6m to fund the first three years' running costs.

While we are on track to achieving our objective, we recognise a significant amount of work – and support – is needed to ensure Helimed 79 is operational by the end of March 2020. Working with our key partners, the Scottish Ambulance Service and Babcock Mission Critical Services Onshore, we are committed to ensuring that SCAA is ready to be deployed when called upon – continuing to save and improve lives in Scotland.

SCAA celebrated its 5th anniversary in May 2018 and to celebrate this milestone we held our first ever sell-out gala ball in Edinburgh which raised a fantastic  $\pounds$ 51,000!

We were also selected in 2018 as Edinburgh Airport's Charity of the Year, which resulted in £100,000 worth of support donated to SCAA – a record sum for their corporate charity.

Another milestone was reached in early 2018 when we responded to our 2,000th emergency call out. The crew of Helimed 76 responded to retrieve an adult male in Stranraer who required emergency surgery. This type of incident is just one of 327 the team attended during the year and all made possible by the generosity of thousands of people throughout Scotland. The outstanding work of Helimed 76 was recognised in November 2018 when one of our pilots, Captain Gavin Rowley, was awarded the UK Pilot of the Year accolade at the National Air Ambulance Awards for the role he played in reaching a patient with a suspected heart attack in remote and rural Glen Kinglass in Argyll. The paramedic team and pilot helped to save his life by successfully transporting him to hospital in Glasgow.



Towards the end of 2018, working with our landlords Morris Leslie Group, SCAA was handed the keys to our own hangar. In addition to aircraft and Rapid Response Vehicle storage, this leased development provides the crew with a dedicated training room and engineers with more space to work, all under the one roof.

We kicked off 2019 with Standard Life (the Phoenix Group) adopting SCAA as their Charity of the Year and we look forward to seeing this partnership develop.

Finally, our long-term corporate supporters, Stagecoach plc, strengthened their financial commitment to SCAA for a further three years which also includes support for our second helicopter in Aberdeen. This, coupled with another year of support from the Clydesdale Bank plc and SSE plc, is a tremendous boost to the charity.

Thank you.

David Craig Chief Executive

## A VITAL LIFELINE

There can be no greater measure of success for a charity dedicated to the saving and improving of lives than the number of critically ill or injured patients it has helped.

This year has seen SCAA airlift a higher percentage of patients than ever before with almost two thirds of those we attend by helicopter being delivered to definitive hospital care.

Throughout 2018/19, SCAA responded to 327 emergency call outs taking us to every corner of Scotland and onwards to a vast number of the country's hospitals.

The ongoing development of Scotland's four key trauma centres at Aberdeen, Dundee, Edinburgh and Glasgow will dictate the best possible receiving hospitals for our patients and, interestingly, 63% of patients airlifted in the past year were taken to one of those four centres – offering better patient outcomes for the most critical cases.

Speed and comfort are an air ambulance's two main strengths and SCAA has employed them to great use – undoubtedly saving numerous lives and impacting positively on hundreds of others.

SCAA flies a paramedic delivered team, but has the capability of airlifting multi-disciplinary consultant led teams to the scene of a serious accident or injury, allowing advanced treatment on arrival, but also airlift patients quickly and comfortably to specialist hospital care in the fastest possible time. A life-saver when every second counts.

The Scottish Ambulance Service network Trauma Desk – staffed by HEMS (Helicopter Emergency Medical Service) paramedics and Adult Retrieval clinicians – continues to triage calls effectively with SCAA being tasked appropriately to the most serious illness and trauma emergencies.



Throughout the past year, 38% of SCAA's responses have been to serious trauma cases. A further 24% were to cardiac and stroke emergencies.

This intense level of mission places great strain and responsibility on the team and I am proud to witness the commitment, professionalism and stoicism of SCAA's paramedics and pilots as they manage their demanding role.

We are flying further and reaching more people in island communities who – thanks to air ambulance transfer – are provided with a lifeline when mainland hospital care becomes essential.

Twenty per cent of our workload in the past year has helped safeguard the lives of people in remote and island communities by providing urgent and emergency transfer to advanced mainland hospital treatment.

This year has also seen advances in drugs utilised by our paramedics. We now have the ability to give sedatives to patients agitated by head injuries or following successful resuscitation following cardiac arrest.

Operations have been assisted by the procurement of additional advanced critical care equipment in the past year, including a mechanical CPR machine, an incubator loading guide and an extreme weather package – all of which are amazing tools that have proved themselves in enhancing patients' lives.

#### **John Pritchard MBE**

Paramedic Team Leader



Helicopter Activity



**EMERGENCY FLIGHTS** 



**Flying hours** 

**MORE THAN** 

**EVER BEFORE** 

64% of all patients attended by the helicopter crew were airlifted to hospital – a higher percentage than ever before.

2018/19

OUTS

A record 37,316 nautical miles were flown – the equivalent of 1.7 times round the world



Rapid Response Vehicle Activity

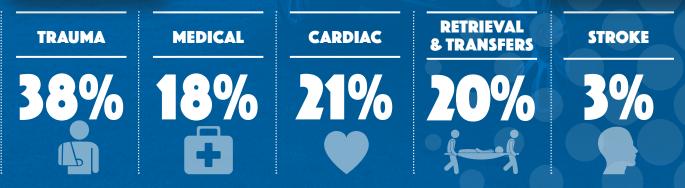








of RRV call out: are for cardiac arrest





## A LIFE SAVED LEON'S STORY

The Edwards family's life was cruelly torn apart when a car careered off the road striking three of their children.

Toddler daughter Harlow died at the scene beside her critically injured six-year-old brother Leon and teenage sister.

As SCAA flew to the scene, the news was broken to devastated mother Sara.

"It was, without doubt, the worst day of my life. To receive a phone call telling you something so terrible has happened to three of your children and not be there with them is the stuff of nightmares," she said.

SCAA paramedics worked with colleagues at the scene and quickly airlifted the little boy to critical hospital care – just minutes away by air.

Sara arrived at the hospital to learn the full extent of her son's injuries.

"I knew by that time that Harlow hadn't made it," she recalled.

"A surgeon was waiting for me who told me that Leon had a really serious head injury and that I could have a couple of minutes with him. The surgeon thought it was a really good idea that I should see my son because they didn't know how that surgery might go or what might happen.

"That is the scariest feeling in the world – to think that this might be the last time you see him alive."

One of Leon's complications was contusions on the lungs – something that can prove fatal in a large percentage of cases.

"Time is absolutely of the essence," said Sara, "so the fact that SCAA got Leon to hospital so quickly and they could intubate him and take the pressure off his lungs made a huge difference." Time played an equally crucial part in addressing Leon's major head trauma.

"Getting him to theatre as quickly as they did is literally what saved his life," said Sara.

"That's why – as far as I'm concerned – SCAA saved Leon's life that day because he didn't have time to spare."

Leon and his teenage sister would both go on to recover well but the loss of a little child is something the family will never get over.

Yet, brave Sara is still willing to share her story to help SCAA.

"People need to know just what an amazing life-saver SCAA can be," she said. "I would have lost two children that awful day if SCAA hadn't been there. Scotland needs this charity – my family is testament to that."

Sara also thanked everyone who donates to SCAA.

"It's thanks to you that my little boy's life was saved."

<u>Click here</u> to hear Sara's story.





## A RURAL LIFELINE PAUL AND ALISON'S STORY

Many families have cause to be grateful for Scotland's Charity Air Ambulance's life-saving service – but few have seen two members of their family benefit from the charity-funded air ambulance within three weeks of each other.

#### PAUL:

It was mid-summer when the eight-wheel all-terrain vehicle Paul and a friend were in somersaulted several times down a steep slope near Dalnaspidal before coming to rest against a large rock.

"We both thought that was it," said Paul. "We were going to die – and then the rock arrested our fall, stopping us dropping hundreds of feet more."

Both were trapped in the vehicle with serious leg wounds.

"I managed to crawl clear and then levered the vehicle off my mate with a wooden post," recalled Paul. "We dragged ourselves clear and phoned the emergency services."

With a land ambulance unable to get near the injured men, SCAA was scrambled and soon on the scene, landing within a couple of hundred metres of the accident.

"I remember feeling huge relief when SCAA arrived," said Paul. "I was in a great deal of pain and the crew was just amazing – so efficient and reassuring – and I immediately relaxed knowing I was in expert hands.

"I know now that if ever you're in trouble and pain far from anywhere, it's SCAA you would want to help you."

"SCAA brought relief, reassurance, speed and comfort when I was in a very dark place," said Paul, "and I'll forever be grateful for their help."

#### ALISON:

A couple of weeks later, Alison's horse sank into soft sand on the banks of Loch Garry, throwing her over the animal's head.

"My horse panicked because she was up to her belly in this gloopy silty sand and then she scrambled towards me," recalled Alison.

To protect herself, Alison rolled into a ball as the horse's hooves thundered off her back.

"The pain was horrendous," she said. "The whole weight of the horse was crashing into me and I really thought I was going to break."

The horse got free and left Alison in the remote spot.

"I was dizzy and vomiting. I lay down on the grass at one point and passed out. I couldn't go any further."

Following a call from Alison's father, SCAA was soon on the scene.

"I'm so glad SCAA was there – reassuring, administering pain relief and putting me at ease. They were wonderful and I remember feeling real relief when I heard them coming and then landing nearby. Their arrival makes you feel everything will be OK."

Alison was treated in hospital for several broken ribs and bruising to her lungs.

"Our family owes a great deal to SCAA," she said. "Our accidents have made us very aware of the vital role of an air ambulance when dealing with remote and rural emergencies and the need for fundraising to secure SCAA's future."

Paul and Alison are now both involved in fundraising efforts for SCAA and actively spread the word about the charity.

"We never thought our family would need SCAA's service – ever – far less twice within three weeks," they agreed. "People should never take this amazing charity for granted – you never know when you will need them."

## THIS YEAR'S HIGHLIGHTS



Key supporter Stagecoach brands a CityLink coach in SCAA livery, taking the charity's message all across Scotland.



SCAA acquires life-saving mechanical CPR LUCAS equipment, allowing sustained perfect tireless delivery of CPR while paramedics attend to other care needs.



BBC Scotland commissions a documentary on the work of Scotland's paramedics and SCAA welcomes its first official film crew on board as they fly to emergencies nationwide.



A landmark 2,000th call out sees SCAA make a life-saving flight to airlift a critically ill patient from Stranraer to hospital care at Ayr.



SCAA stages its first ever Charity Ball raising over £50,000. The Edinburgh event is supported by sponsors, corporate partners, service partners and the public.



This year sees SCAA attract record donations with income rising from a previous £3.5 million to around £6 million in 2018/19.



SCAA is given a £300,000 boost, thanks to a Heroes Trust Award from People's Postcode Lottery. The award is to be split equally to support both the charity's existing air ambulance and its planned second helicopter.



SCAA leases a new purpose built hangar at Perth Airport to house Helimed 76 and the charity's Rapid Response Vehicle, as well as providing storage and crew training accommodation.



SCAA announces its intention to launch a second helicopter air ambulance. The news is followed six months later with the announcement that the second aircraft would be based at Aberdeen.



Standard Life (the Phoenix Group) adopts SCAA as it's Charity of the Year partner, offering key exposure, staff support and extensive fundraising.



SCAA pilot Captain Gavin Rowley scoops the prestigious Pilot Of The Year Award at the annual UK-wide Association of Air Ambulances Awards.



Sustainability consultant Sandra Millar signs on as SCAA's 100th volunteer, joining the army of helpers who donated around 1473 hours throughout the year.



Fundraisers continue to devise engaging ways to raise for SCAA with one fleecy fundraiser going up for auction as a sire ram with the 800 guineas secured donated to SCAA.



National discount chain Home Bargains adopts SCAA as its Charity of the Year partner, placing collecting cans in their 60+ stores across Scotland – again raising SCAA's profile nationwide and raising significant funds.



Scotland's Deputy First Minister John Swinney visits SCAA during National Volunteers' Week to thank the charity's army of volunteers for all the work they do in supporting the country's only charity air ambulance.



Thousands of motorists support SCAA through a partnership with MRH – the UK's largest independent petrol station owner and operator – by choosing to add 25p to their fuel bill when paying by credit card.

# **MY DREAM JOB**

### by SCAA Paramedic Matt Allen

A need to find a fulfilling and rewarding vocation brought Matt Allen to the demanding sector of pre-hospital emergency care.

Training initially as a paramedic, Matt served on the frontline of A&E in both Edinburgh and Dundee before an opportunity arose to apply to join the air ambulance team.

"I always wanted to save lives and delivering vital emergency care by helicopter was literally my dream job. When I moved to Tayside, close to where Scotland's Charity Air Ambulance is based, that dream became a really exciting possibility."

A vacancy arose on the SCAA paramedic crew in the summer of 2018 and Matt was thrilled to secure the position.

"Along with an interview for the job, I had to undertake an OSCE (objective structured clinical examination) – an exam condition real-time patient scenario to demonstrate my patient management skills. I also had to take a swimming test as safety is an incredibly important part of flying."

Having succeeded at interview, Matt then had to face his fears in the HUET (helicopter underwater escape training) – designed to train crew members to deal with an emergency where the helicopter makes an uncontrolled descent into water.

"I dreaded the HUET training, having heard stories about how frightening it can be, but, if it enabled me to be able to work with the air ambulance, I was willing to put myself through anything."

The aircrew paramedic also assumes the responsibility of assisting the pilot from the left-hand front seat and is legally required to pass an HTCM course. HTCM stands for HEMS



(helicopter emergency medical services) technical crew member. The two-week course involves a range of flight training from engineering to navigation and meteorology. The objective of the course is to give the paramedic a basic knowledge of aviation to assist the pilot in their operation of the aircraft and, probably most importantly, to assist the pilot in navigating to emergencies.

"When we receive an emergency call from ambulance control we are provided with a grid reference and the vast majority of our emergencies are in remote locations, so map reading and navigation is definitely one of the most useful skills I learned."

Matt passed everything with flying colours and the job at SCAA was secured.

He's now a fully trained HEMS paramedic and – after six months – has spent around 60 hours in the air.

"That's 7,200 miles – or New York and back again! It's of course nothing compared to my colleagues who have collectively been round the world several times."

Matt will always remember flying to his first HEMS mission – a teenager seriously injured in a mountain bike accident.

"Although I have attended hundreds of similar patients in my career, flying to an emergency adds an entirely new dimension with a whole host of new challenges to think about. I had a huge rush of adrenaline that I hadn't felt since my days as a new student. "With the support of our experienced pilot and my paramedic colleague, however, I was able to focus and in no time we had landed on scene, in a perfect position to treat our patient and transport him safely to hospital where he recovered well. We took 25 minutes to get to the young lad and about 15 to get him to hospital, challenging journeys of 80 and 30 miles respectively by road – this sums up the essential service SCAA provides.

"There is a thrill in flying and you get to see beautiful Scotland from the air which is amazing. Your whole focus on the way there is flight safety and navigation and the patient on the way to hospital so it's pretty intense."

Matt's months with SCAA have seen him fly to emergencies all over Scotland – his farthest flight being to Barra in the Outer Hebrides.

"I have been to many incidents where I have had to hold back tears. Sharing that sense of grief and worry with colleagues helps lessen the burden.

"We are in an extremely privileged position where people – complete strangers – trust us to look after them at their darkest and most vulnerable moments. That gives you a profound feeling of satisfaction – just being there for them.

"The part we have played really hits home when people come in to thank us – that can be very touching and extremely moving."

Every day, Matt sets about his work with focus, determination and compassion.

"Emergency care is never routine and there's no such thing as an average day at SCAA.

"I feel incredibly privileged to be a HEMS paramedic and I've worked hard to get here. I'm especially proud to work on Scotland's Charity Air Ambulance, however, because it is charity funded and doing such amazing work for people everywhere in Scotland. I still find the cost of operating an air ambulance staggering and I am in awe of the generosity of the people of Scotland that make it possible for me to live out my dream and play my part in this life-saving service."



## SCAA FLIES INTO THE FUTURE WITH EXPANSION PLANS

While the past year has been about planning and announcing our intention to launch a second aircraft, the coming year will focus on the funding and delivery of this major milestone in the charity's growth.

Research and negotiations took place to determine the best location for our new helicopter, Helimed 79, within the Aberdeen area. The new base at Aberdeen Airport will be branded and fitted out to facilitate the launch of our expanded, life-saving service.

SCAA intends to launch Helimed 79 as a like-for-like stablemate for our existing aircraft, Helimed 76, by March 2020.

Operating from bases at Perth and Aberdeen, SCAA will play a key role in the delivery of pre-hospital emergency critical care across the whole of Scotland.

The charity fleet will effectively double Scotland's helicopter air ambulance numbers, working alongside the two Government funded helicopters based at Glasgow and Inverness.

This expansion of the airborne emergency pre-hospital care fleet will increase the response capability to time-critical medical and trauma emergencies, retrievals and urgent transfers across the whole of Scotland – also supported by two Government-funded fixed-wing patient transfer aircraft.

The decision to centre a new helicopter operation in Aberdeen follows unanimous approval by the SCAA board in support of a recommendation by our service provider partners, the Scottish Ambulance Service. With Aberdeen housing one of the country's four major trauma centres in the Scottish Trauma Network, Helimed 79 will add its considerable capability to that growing hub of emergency medical resources.

An air ambulance based there will optimise the coverage and resilience of the country's entire emergency air response – helping to fulfil one of the Scottish Trauma Network's key objectives of transporting patients to a key trauma centre such as Aberdeen within 45 minutes of serious illness or injury.

With a second helicopter air ambulance service, SCAA will further impact positively on the outcome for patients – ultimately saving and improving hundreds more lives every year.

A second charity helicopter air ambulance has been welcomed by both the Scottish Ambulance Service and the Scottish Government who publicly acclaim the "great work" of SCAA and the "huge difference" Helimed 79 will make – helping to save and improve lives in every corner of Scotland.

Both agree that Helimed 79 will add very significant capability, bringing fast medical care to very unwell patients as well as quick life-saving transport to hospital if required.

Since launching in 2013, SCAA has responded to 2,100 emergencies, racing to the aid of those most seriously ill or injured, and now operate 12 hours a day, 365 days a year.

A two-helicopter operation will see SCAA impact even more on individuals, families and communities as our unique "care by air" service impacts the lives of people everywhere.

The charity is confident that the public support which funds our existing service will increase to help develop an expanded operation. Our decision to expand to Aberdeen has been welcomed by both the general public and the critical care community in the north east, with many local funders stepping forward to support our expansion.

SCAA has proved itself to be a fully integrated and indispensable part of our national emergency services network and we are extremely proud of what we have achieved in just six years.

With the help of our fiercely loyal and new sponsors, funders and supporters, we look forward to delivering a second helicopter air ambulance service that will help transform the lives of those who need us most.

-SCAA

SSE

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# THE PEOPLE'S AIR AMBULANCE

The past year has proved exceptional for Scotland's Charity Air Ambulance (SCAA) in fundraising terms with a record-breaking £6 million being raised and donated to support our life-saving service.

Individuals, groups, local businesses and major donors have taken the charity to their hearts, enabling us to provide emergency aeromedical care to people in need 365 days of the year across the 30,000 square miles of Scotland and her many islands.

2018/19 was a landmark year for fundraising with the launch of our £6 million capital campaign to fund a second helicopter – to be based at Aberdeen.

An increased number of corporate partners engaged with SCAA to sustain and expand our service. Standard Life (the Phoenix Group), Watermans Solicitors, Home Bargains and Edinburgh International Airport are among those who selected SCAA as their charity in 2018/19 and we are extremely grateful for their hard work and invaluable support.

Growing Trusts and Grants support helped to fund SCAA's vital service while an increasing amount of legacy giving added to the year's income.

Significant £300,000 funding came from a Heroes Trust Award from People's Postcode Lottery, while our own SCAA Lottery continues to be hugely popular. It has grown significantly over the past year with opportunities to sign up and play now available across a range of supportive store chains including the continued support of the majority of Aldi stores, plus online at SCAA's website and via a large network of canvassers.

Vital funding streams have also been accessed via the support given by major companies to national bodies such as the Association of Air Ambulances and Air Ambulances UK.

Our first ever SCAA Gala Ball proved a sell-out event in Edinburgh, raising more than £50,000 and plans are in hand to recreate that success with a similar event in Aberdeen.

At community level, the support has been considerable with individuals, groups and organisations devising ever more innovative and effective ways to fundraise for SCAA.

SCAA supporters doing sponsored events have raised an incredible £181,873 in the past year.

Some of the highlights included 22 runners in the Edinburgh Marathon Festival, who raised a total of £12,797, 26 Kiltwalkers, whose donations were boosted by 40% from The Hunter Foundation to £9402 and 17 skydivers who raised a fantastic £21,395.

Teams of staff, volunteers and Scotty the SCAA mascot attended 14 organised events throughout Scotland, including the Game Fair at Scone Palace, Gardening Scotland at Ingliston and the Lanrick Challenge near Dunblane. These events raise tremendous awareness of SCAA's work across the country as well as vital funds.

Hundreds of community events take place across Scotland every year, organised by individuals and groups who offer their time and support to fundraise for SCAA.

The Caledonian Kings, a group of eight keen car owners based in Alyth in Perthshire, took part in the Two Ball Banger Rally across Europe and raised an amazing £8500 locally through coffee mornings, bucket collections and sponsorship. The Lady Captain of Royal Dornoch Golf Club chose SCAA as her charity of the year and organised several events and donations from the club totalling around £25,000.

The list goes on – too many to mention each by name – but every single contribution has helped to save lives and we thank you all.

Our focus continues to be on the delivery of our second aircraft in March 2020 and to build awareness and engagement opportunities for people to learn more about what we do and to raise more funds to provide more care, more often.

## **TOTAL INCOME – £6,012,695** April 2018 – March 2019



## TOTAL EXPENDITURE - £3,591,106 April 2018 - March 2019





# VOLUNTEERING

We are indebted to our family of volunteers who generously donate their time to SCAA.

SCAA Chief Executive David Craig has paid tribute to the outstanding contribution made by volunteers.

"SCAA simply could not function without the dedicated and selfless work carried out on our behalf by volunteers all across Scotland," he said.

"From giving talks and presentations and manning stands and exhibitions to carrying out office administration, marshalling, driving, delivering and gathering collecting cans, their tireless enthusiasm will never go unnoticed or unappreciated at SCAA.

"These genuine heroes are a valuable part of the team and we acknowledge their efforts and applaud their incredible support.

"Every volunteer at SCAA is helping to save lives and it is only right that we celebrate their hard work and let them know how valued they are."

SCAA has grown its volunteer numbers in the past year from 80 to 107 and plans are in hand to expand the numbers across Scotland even further.

"We follow a very robust application and recruiting process and welcome applicants from all over Scotland," said Mr Craig.

To find out more about volunteering for SCAA visit **www.scaa.org.uk/support-us/volunteer** or call **0300 123 1111**.



## **VOLUNTEER SPOTLIGHT**

Sandra Millar from Midlothian signed up as the charity's 100th volunteer this year. The sustainability consultant with the Phoenix Group explained that she wanted to help after seeing how vital fast medical response was when a loved one took critically ill.

"My mum became seriously ill at home having contracted Sepsis," explained Sandra. "She ended up in Intensive Care in a coma and we were told to expect the worse.

"That was the first time I had experienced waiting for an ambulance, while mum got progressively worse by the minute. It was such a relief when the doctor and paramedics arrived and I could see them doing all they could to help her. They literally kept her alive until they got her to hospital.

"That experience let me see how close it can be between life and death and that every minute counts," she said. "I want to help SCAA, in any way, to get to as many patients as possible. They are saving lives and anyone of us could need them at any time – you just don't know."



Sandra became more aware of SCAA when she signed up for the charity's lottery.

"When the company I work for adopted SCAA as its corporate charity partner, I met the crew and heard first-hand of the amazing work they do."

Sandra has already been busy gathering in SCAA collecting cans from businesses in her area and she's planning to help at summer fundraising events as well as organising a bucket collection at Edinburgh Airport.

"I'm so honoured to be SCAA's 100th volunteer and it's a real privilege to be asked to cut the ribbon and officially open SCAA's new hangar at the volunteers' Tea In The Hangar event."





# **HOW TO SUPPORT SCAA**

You might need our help tomorrow, but we need your help today. We rely 100% on donations from the public to enable us to continue saving and improving lives across Scotland.

## **GET INVOLVED**

We need your support to keep our helicopter flying.

There are many ways to get involved – your support is the only fuel on which we fly!

Organise or sign up to a fundraising event.

Have a look at our online events calendar **(www.scaa.org.uk)** to be inspired. You could enter an event or organise your own – from a coffee morning to a run, the options are endless.



## VOLUNTEER

We couldn't do what we do without our volunteers – who help tirelessly with collecting cans, office administration, speaking to groups on our behalf and event marshalling.

If you would be interested in volunteering for SCAA we would love to hear from you.

## Email getinvolved@scaa.org.uk or call 0300 123 111.



### JOIN OUR LIFE-SAVING LOTTERY

This is a fun way to support SCAA. From **only £1 per week** you could be in with the chance of winning one of five weekly prizes, including a top prize of £1000.

Join now at www.scaa.org.uk/lottery or call us on 0300 123 1111.



## THANK YOU FOR HELPING US TO KEEP SAVING LIVES

Without our supporters we would not be able to keep saving lives in Scotland.

Thank you to the individuals, companies, organisations, corporate partners, trusts and foundations who have generously given their money, time and expertise to help keep us flying.

### INDIVIDUALS

We are incredibly grateful to the people of Scotland who continue to support us through one-off and regular donations, lottery players and fundraising activities. Your support and commitment amaze us every single day – thank you!

### **GROUPS & ORGANISATIONS**

We are being supported by a growing number of groups and organisations, in every corner of Scotland. This support includes an increasing selection of offices, shops, pubs, clubs and hotels who kindly place our collecting cans on their premises – raising over £58,000 this year.

#### **CORPORATE PARTNERSHIPS**

Over the past year we have worked with a range of corporate partners who have supported us in a variety of ways. Our corporate partners have helped us remain operational 365 days through fundraising, volunteering, donations and offering their goods and services.

#### **TRUSTS, FOUNDATIONS & GRANTS**

We are enormously appreciative of the support we receive from trusts, foundations and grants. This support has helped us save and improve hundreds of lives over the past year.

## TRUSTS, FOUNDATIONS & GRANTS AWARDED 2018/19

A.M Pilkington Charitable Trust Adam Family Foundation The Batchworth Trust Binks Trust The Broughton Charitable Trust The Brownlie Charitable Trust Cadogan Charitable Trust The Caram Trust The Cecil Howman Charitable Trust Crerar Trust Cruden Foundation Dr & Mrs. LD Olay Kerr

Dr & Mrs J D Olav Kerr Charitable Trust

**Duke of Fife Charitable Trust** 

Dumfries Hospitals' League of Friends

Dunlossit & Islay Community Trust

Evelyn Drysdale Charitable Trust

Forteviot Charitable Trust

Frank & Elizabeth Robertson Trust

Friends of Crieff Hospital

Friends of Pitlochry Community Hospital

George & Effie Taylor Trust

Harold Merton Adams Charitable Trust

**Highfields Trust** 

I B B trust

JTH Charitable Trust

Jimmie Cairncross Charitable Trust

Kenrob Charitable Trust

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### **REGISTERED OFFICE:**

The Control Tower, Perth Airport, Scone, PH2 6PL Registered Company SC 384396 (Scotland) Registered Charity Number SC041845

### TRUSTEES:

John Bullough – Chairman Mike Beale – Vice Chairman Alan Bell Benedict Lawson Joyce Leslie Paul Bassett Andrew Richmond Martin Togneri

### COMPANY SECRETARY:

Thorntons Law LLP, Whitehall House, 33 Yeaman Shore, Dundee, DD1 4BJ

#### **AUDITORS:**

Campbell Dallas LLP, Chartered Accountants & Statutory Auditors, 5 Whitefriars Crescent, Perth, PH2 OPA

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### CHIEF EXECUTIVE:

David Craig

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